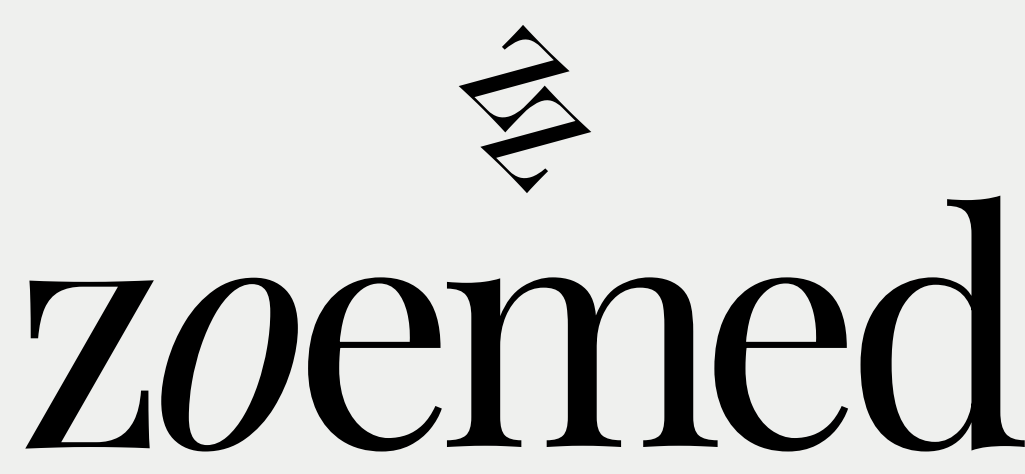




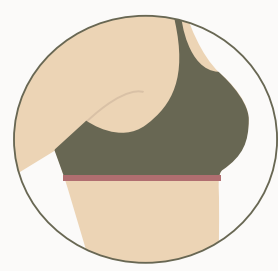
Compression Garments

Professional Sizing Guide for Clinical Use

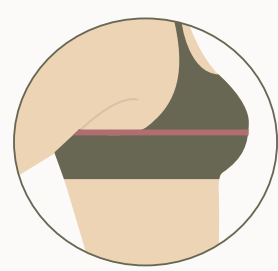
Proper sizing is essential to ensure effective compression, maximum comfort, and optimal post-surgical recovery. Please refer to the instructions for each product to identify the specific measurement points required.

WOMEN’S GARMENTS

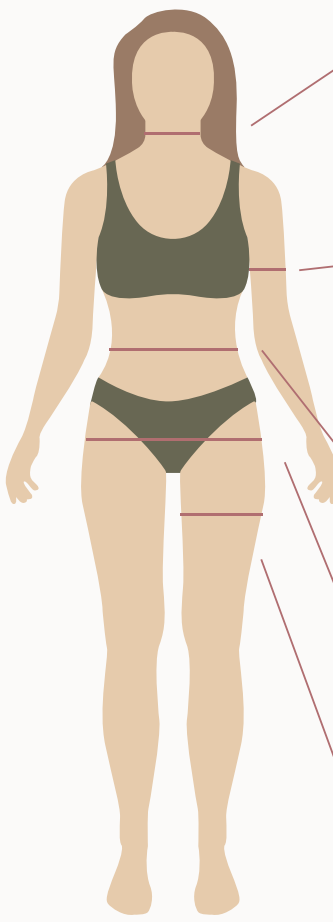
BRAS



UNDERBUST
Measure directly underneath the bust.



BUST
Measure at the widest point of the bust.



NECK
Measure at the widest point of the neck.

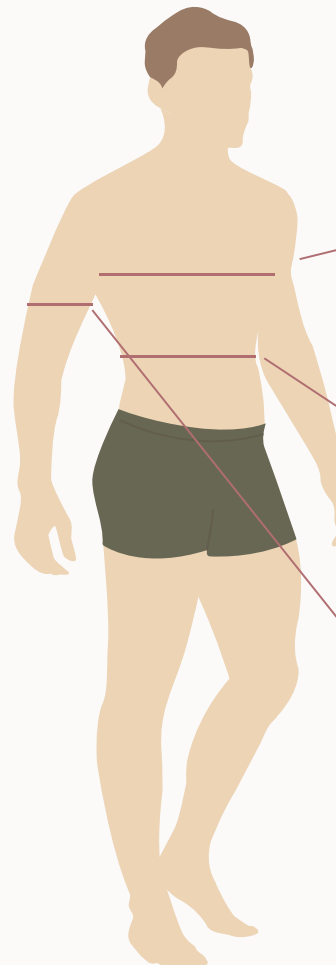
ARM
Measure at the widest point of the arm, while relaxed.

WAIST
Measure at the narrowest point between the lowest rib and hips, identified by bending the body to the side.

HIP
Measure at the fullest part of the hips and buttocks.

THIGH
Measure at the widest point of the thigh.

MEN’S GARMENTS



CHEST
Measure at the widest point of the chest near the underarms.

WAIST
Measure at the narrowest point.

ARM
Measure at the widest point of the arm while relaxed.



Measuring Tips

- Take all measurements while **standing upright and relaxed**, using a centimeter tape for better accuracy.
- Measure directly over the **compression target area(s)**.
- For best results, refer to **individual product instructions** for fit guidelines and anatomical landmarks.
- Use proper **measuring technique** and ensure tape is snug but not tight against the skin.
- When in doubt between sizes, **choose the larger size** for optimal comfort and compliance.

Women’s Garments

Measurements (in cm)	XS	S	M	L	XL	XXL	3XL
Waist	59 - 64	64 - 70	70 - 77	77 - 85	85 - 93	93 - 101	101 - 109
Hips	81 - 87	87 - 94	94 - 101	101 - 109	109 - 117	117 - 125	125 - 133
Thighs	44 - 48	48 - 52	52 - 56	56 - 61	61 - 66	66 - 71	71 - 76
Arm	20 - 23	23 - 26	26 - 29	29 - 32	32 - 36	36 - 40	40 - 43
Breast	75 - 80	80 - 86	86 - 92	92 - 98	98 - 105	105 - 112	112 - 118
Underbust	62 - 67	67 - 73	73 - 79	79 - 85	85 - 92	92 - 99	99 - 106

* Measure arms only if the garment has sleeves.
** Measure bust only for bras and vests.
*** Measure thighs only if surgery involves the thigh area.

Men’s Garments

Measurements (in cm)	XS	S	M	L	XL	XXL	3XL
Chest	84 - 89	89 - 94	94 - 100	100 - 107	107 - 114	114 - 121	121 - 128
Waist	75 - 80	80 - 87	87 - 94	94 - 102	102 - 110	110 - 128	118 - 126

Unisex Garments

Facial Garments

Measurements (in cm)	S	M	L
Neck	26 - 33	34 - 41	42 - 48

Abdominal Binders

Measurements (in cm)	S - M	L - XL
Waist	70 - 110	110 - 140